Iron deposition in the unusual 12-subunit ferritin from the bacterium *Listeria innocua* proceeds in three phases: a rapid first phase in which \( \text{Fe}^{3+} \) binds to the apoprotein, \( \text{P}^2 \) of charge \( Z \), according to the postulated reaction \( 2\text{Fe}^{3+} + \text{P}^2 \rightarrow [\text{Fe}_2\text{P}]^{Z+2} + 2\text{H}^+ \), where \([\text{Fe}_2\text{P}]^{Z+2}\) represents a dinuclear iron(II) complex formed at each of the 12 ferroxidases centres of the protein; a second phase corresponding to oxidation of this putative complex, i.e. \([\text{Fe}_2\text{P}]^{Z+2}\) + \( \text{O}_2 \rightarrow [\text{Fe}_2\text{O}\text{P}]^{Z+2} + 2\text{H}^+ \); and a third phase of iron(II) oxidation/mineralization, i.e. \( 4\text{Fe}^{3+} + \text{O}_2 + 8\text{H}^+ \rightarrow 8\text{FeOOH}_{\text{ap}} + 8\text{H}^+ \) [where \( \text{FeOOH}_{\text{ap}} \) represents the hydrous ferric oxide mineral that precipitates from the solution], which occurs when iron is added in excess of \( 24\text{Fe}^{3+} \)/protein. In contrast with other ferritins, the ferroxidation reaction in *L. innocua* ferritin proceeds more slowly than the oxidation/mineralization reaction. Water is the final product of dioxygen reduction in the 12-subunit *L. innocua* ferritin (the present work) and in the 24-subunit *Escherichia coli* bacterioferritin, whereas \( \text{H}_2\text{O}_2 \) is produced in 24-subunit mammalian ferritins. Possible reasons for this difference are discussed.

Key words: iron mineralization, iron storage, oximetry, pH stat.

INTRODUCTION

The ferritins are a diverse group of iron(III) sequestering and storage proteins that are found widely distributed among animals, plants and microbes [1–3]. Most ferritins have an \( M_f \) close to 480000, and are composed of 24 similar or identical subunits that assemble to form a large shell-like structure of 4:3:2 octahedral symmetry. Iron is deposited within the protein cavity as a hydrous ferric oxide mineral containing various amounts of phosphate. Recently, an unusual ferritin has been discovered in the Gram-positive bacterium *Listeria innocua* [4,5]. *L. innocua* ferritin differs significantly from other known ferritins in that its protein shell is assembled from 12 identical subunits (\( M_f \approx 180000 \)) to form a hollow structure having an \( M_f \) of \( \approx 240000 \) and 3:2 tetrahedral symmetry. This dodecameric (12mer) ferritin can rapidly accumulate 500 iron atoms within its central cavity, an amount far less than the maximum of 4500 Fe atoms found for the more common icosatetramer (24mer) ferritins, which have 8-fold larger cavity volumes [4,5]. *L. innocua* ferritin is similar in sequence and structure to the Dps proteins, a class of DNA-binding proteins that is expressed by bacteria under conditions of oxidative or nutritional stress [4].

Mammalian ferritins consist of two types of subunits, H and L, of similar sequence and \( M_f \) (\( \approx 19000–21000 \)). The H-subunit contains a dinuclear ferroxidase centre that promotes the pairwise oxidation of \( \text{Fe}^{2+} \) to \( \text{Fe}^{3+} \) and is located within the four-helix bundle of the subunit. The more acidic L-subunit lacks such a centre, but contains a number of glutamate residues on the inner surface of the protein shell that are believed to constitute a nucleation site for \( \text{Fe}^{3+} \) mineralization [3,6]. Dinuclear ferroxidase centres are also found in the four-helix bundle of the single type of subunit in the haem-containing 24mer bacterioferritins from *Escherichia coli* and *Azotobacter vinelandii* [2,7,8]. Recent X-ray structural studies of *L. innocua* ferritin have revealed that this ferritin likewise possesses iron-binding sites that are located at the interfaces of subunits related by two-fold symmetry [9,10]. The nature and stereochemistry of the iron-binding ligands resemble those of known ferroxidase sites. However, they are not found in a four-helix bundle, but are provided by two symmetry-related subunits. His-31, His-43 and Asp-47 are furnished by one subunit, and residues Asp-58 and Glu-62 by the other. The protein also has a cluster of acidic residues facing the inner surface of the protein cavity, reminiscent of the nucleation site of mammalian L-subunits [6].

The iron oxidation and hydrolysis chemistries of mammalian ferritin and bacterioferritin have been investigated extensively and are markedly different in several aspects [11–15]. Most importantly, hydrogen peroxide is the end product of dioxygen reduction in mammalian ferritins, whereas water is produced in bacterioferritin. Moreover, ferroxidase activity is regenerated in mammalian ferritin, but not in bacterioferritin [11,15]. Initial \( \text{Fe}^{2+} \) binding to the two types of ferritin also differs in the number of protons released [11,15].

The iron oxidation and hydrolysis reactions of the structurally unique *L. innocua* ferritin have not been investigated previously, and there are only limited data on the kinetics of iron deposition within the protein [5]. We report here the kinetics and stoichiometric equations for the ferroxidase and mineralization reactions of *L. innocua* ferritin. The data reveal that the overall mechanism of iron deposition in *L. innocua* ferritin more closely resembles that of bacterioferritin than that of mammalian ferritin, but differs in certain aspects from that of either.

EXPERIMENTAL

*Listeria* ferritin was isolated and purified and rendered iron-free as previously reported [4,5]. Apoferritin concentrations were determined spectrophotometrically using a molar absorptivity of \( 2.59 \times 10^5 \text{ M}^{-1} \text{ cm}^{-1} \) at 280 nm on a 12mer protein basis [5]. Freshly prepared solutions of hydrogen peroxide were assayed for \( \text{H}_2\text{O}_2 \) concentration using a Clarke oxygen electrode to measure the amount of \( \text{O}_2 \) liberated upon addition of bovine catalase (Boehringer-Mannheim) to the \( \text{H}_2\text{O}_2 \) solution. All chemicals were reagent grade or better, and were used without further purification.

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The iron(II) oxidation and hydrolysis reactions were followed using a specially designed apparatus interfaced to a microcomputer and consisting of a pH-stat autotitrator, an oxygen meter and a hermetically sealed microcell containing Clarke-type oxygen, pH glass and Ag/AgCl reference microelectrodes within a stirred volume of 0.48 ml [11]. The apparatus enables one to measure simultaneously the kinetics of both O₂ consumption and H⁺ production under buffer-free conditions when Fe²⁺ is introduced into the protein to initiate iron oxidation and mineralization. Overall reaction stoichiometries are computed from the total O₂ consumed and acid produced when the reaction is complete. The calculations assume complete oxidation of the iron. Since the oxygen and pH microelectrodes have response half-lives of 2.3 and 0.8 s respectively, the rates of reactions with half-lives shorter than about 5 s cannot be reliably measured with the apparatus. Typical conditions for the experiments were: 4 µM or 8 µM ferritin in 50 mM NaCl, pH stat = 7.0, with 24, 48 or 96 Fe²⁺ added per protein as freshly prepared 20 mM FeSO₄ (Baker Scientific). Further details of the apparatus and methodologies employed are described elsewhere [11].

RESULTS

Previous studies of E. coli bacterioferritin have shown that mineralization occurs in three phases. A rapid first phase corresponds to Fe²⁺ binding to the ferroxidase centre, and a slower second phase corresponds to iron oxidation at this centre [15]. The slowest third phase corresponds to core oxidation/mineralization, and only occurs when iron is added in excess of 48 Fe²⁺/apoprotein, the amount needed to saturate the 24 dinuclear ferroxidase centres on the protein. As demonstrated below, three phases are likewise observed during iron uptake in L. innocua ferritin. The phase 1 and 2 reactions of L. innocua ferritin are also postulated to occur at the ferroxidase centres of the protein, as found for bacterioferritin and mammalian ferritins [1–3, 11,12,15,16]. However, L. innocua ferritin is unique in that its phase 2 ferroxidation reaction proceeds more slowly than its phase 3 oxidation/mineralization reaction.

Phase 1 reaction

Figure 1 (curve A) shows the O₂ uptake curve for the ferroxidation reaction when 24 Fe²⁺ atoms are added to L. innocua apoferritin (8 µM apoprotein, 50 mM NaCl, pH stat 7.0), an amount required to completely occupy the 12 dinuclear ferroxidase sites of the protein. The inset of Figure 1 shows the corresponding H⁺ production curve. There is an initial rapid production of H⁺, corresponding to 0.94 H⁺/Fe²⁺, which occurs at a rate much higher than that of O₂ consumption (cf. curve A and inset in Figure 1). We ascribe this phenomenon to rapid Fe²⁺ binding to the protein and release of a proton, which must occur with a half-life of less than 0.8 s, the response time of the pH electrode. In bacterioferritin and human ferritin, Fe³⁺ binding to the protein occurs in less than 50 ms, as measured by stopped-flow kinetics [15,16]. Initial Fe³⁺ binding to L. innocua ferritin probably occurs at a similar high rate. Since nominally one proton is released per Fe³⁺ bound to the protein, we write the phase 1 reaction for L. innocua ferritin as:

\[2\text{Fe}^{2+} + \text{P} → [\text{Fe}_2\text{P}]^{z+} + 2\text{H}^+ \]  

(1)

where P⁺ and [Fe₂P]⁺ represent the vacant and Fe³⁺-occupied ferroxidase centres on the protein respectively.

Phase 2 reaction

Curve B of Figure 1 is the O₂ uptake curve for the autoxidation reaction in the absence of protein when Fe³⁺ (196 µM) is added to the pH 7.0 saline solution. The curve for the autoxidation reaction (curve B) is sigmoidal, whereas that for the protein-assisted ferroxidation reaction (curve A) is largely hyperbolic. Similar observations were made previously when iron mineralization in L. innocua ferritin was followed spectrophotometrically at 310 nm [5]. The initial rate of Fe²⁺ oxidation in the presence of the protein is greater than that of autoxidation, but ultimately the rate of autoxidation, which is autocatalytic, exceeds the ferroxidation rate. The initial lag time seen in the sigmoidal curve for autoxidation corresponds to the time required to generate sufficient growing surface area of the polymeric iron upon which subsequent Fe³⁺ oxidation can occur [17]. A precipitate eventually forms during autoxidation, but not when the protein is present. Halving the protein and iron concentrations, while maintaining the Fe³⁺/protein ratio at 24:1, causes the half-life of the phase 2 ferroxidation reaction to increase from ~200 s (Figure 1, curve A) to ~400 s (Figure 2, curve B). The half-lives for the ferroxidation reaction of human H-chain ferritin [11] and bacterioferritin [12] are much shorter than for L. innocua ferritin (10 s compared with 200 s) (Figure 1).

From the total amounts of O₂ consumed and H⁺ produced at the end of the ferroxidation reaction (Figure 1, curve A), we obtain net stoichiometries of \(4.1 \pm 0.2\) Fe³⁺/O₂ and 2.3 ± 0.2 H⁺/Fe²⁺. Since nominally 1 H⁺ is produced per Fe²⁺ binding to the protein (Figure 1, inset), the second H⁺ per Fe³⁺ is produced during oxidation of the iron; its rate of production parallels the consumption of O₂ (Figure 1, cf. curve A and inset). We therefore write the phase 2 reaction as:

\[[\text{Fe}_2\text{P}]^{z+} + \text{O}_2 → [\text{Fe}_2\text{O}_2\text{P}]^{z+} + 2\text{H}^+ \]  

(2)

where [Fe₂O₂P]⁺ represents an oxidized iron complex postulated to be at the ferroxidase centre. Since the data provide no information regarding the extent of hydration of the putative diFe³⁺ ferroxidase complex, the phase 2 reaction can alternatively be written as:

\[[\text{Fe}_2\text{P}]^{z+} + \text{O}_2 + \text{H}_2\text{O} → [\text{Fe}_4(\text{OH})_{2}\text{P}]^{z+} + 2\text{H}^+ \]  

(3)

For the autoxidation reaction (Figure 1, curve B), we obtained stoichiometries of 3.9 ± 0.1 Fe³⁺/O₂ and 2.1 ± 0.1 H⁺/Fe²⁺. Thus
the net reaction for autoxidation under the conditions of the experiment (192 μM FeSO₄, 50 mM NaCl, pH stat 7.0) is written as:

$$4\text{Fe}^{2+} + \text{O}_2 + 8\text{H}^+ \rightarrow 8\text{FeOOH}_{\text{hydr}} + 8\text{H}^+$$

(4)

where FeOOH$_{\text{hydr}}$ represents the hydrous ferric oxide mineral that precipitates from the solution.

**Phase 3 reaction**

Curve A in Figure 2 illustrates the O$_2$ uptake curve when 48 Fe$^{2+}$ are added to apoferritin (4 μM protein, 50 mM NaCl, pH stat 7.0). The O$_2$ uptake curve in this instance consists of two phases, each corresponding to approximately half of the Fe$^{2+}$ oxidized. We attribute the faster phase to the phase 3 oxidation/mineralization reaction involving 24 Fe$^{2+}$, and the slower phase to the phase 2 ferroxidation reaction of the remaining 24 Fe$^{2+}$. This assignment is more evident from the data in Figure 3, where two additions of 48 Fe$^{2+}$ are made to the same protein sample. Again, two phases are observed during the first addition of 48 Fe$^{2+}$, i.e. a faster oxidation/mineralization phase and a slower ferroxidation phase, but only the faster oxidation/mineralization phase is observed for the second addition of 48 Fe$^{2+}$.

When only 24 Fe$^{2+}$ are added to the apoprotein under the same conditions as above, the phase 2 reaction proceeds slowly, with a half-life of ~ 400 s and stoichiometries of $4.2 \pm 0.3 \text{Fe}^{2+}/\text{O}_2$ and $2.1 \pm 0.2 \text{H}^+/\text{Fe}^{2+}$ (Figure 2, curve B). In the 48 Fe$^{2+}$ sample, the presence of the additional 24 Fe$^{2+}$ accelerates the phase 2 reaction, reducing its half-life from ~ 400 to ~ 90 s (Figure 2, curves A and B).

The apparent stoichiometries for the first 48 Fe$^{2+}$/protein addition in Figure 3 are $5.1 \pm 0.2 \text{Fe}^{2+}/\text{O}_2$ and $2.0 \pm 0.2 \text{H}^+/\text{Fe}^{2+}$. The high value of 5.1 for the Fe$^{2+}$/O$_2$ stoichiometry implies somewhat incomplete oxidation of the Fe$^{2+}$ (less O$_2$ is consumed), a result consistent with a lower rate of oxidation at the ferroxidase centre. However, the stoichiometries for the second 48 Fe$^{2+}$ addition are $3.6 \pm 0.2 \text{Fe}^{2+}/\text{O}_2$ (more O$_2$ is consumed) and $2.2 \pm 0.2 \text{H}^+/\text{Fe}^{2+}$, resulting in an average overall oxygen consumption stoichiometry for both additions of $4.3 \pm 0.3 \text{Fe}^{2+}/\text{O}_2$, close to the theoretical limiting value of 4.0. Accordingly, we write the phase 3 oxidation/mineralization reaction as:

$$4\text{Fe}^{2+} + \text{O}_2 + 8\text{H}^+ \rightarrow 8\text{FeOOH}_{\text{hydr}} + 8\text{H}^+$$

(5)

which is the same as that for bacterioferritin and mammalian ferritins and for autoxidation [11–14,17,18].

**DISCUSSION**

The iron oxidation and hydrolysis chemistry of *L. innocua* ferritin is similar in some aspects to the chemistry of other more thoroughly studied ferritins, but there are significant differences as well. In all ferritins, iron(II) added initially to the apoprotein is oxidized at the ferroxidase centres, except for recombinant L-chain homopolymers that lack such centres [6]. That the oxidation of the first 24 Fe$^{2+}$ added to *L. innocua* ferritin occurs at the 12 ferroxidase centres of the protein is indicated by the marked difference in reaction kinetics when 24 compared with 48 Fe$^{2+}$ are added (cf. curves A and B of Figure 2), the presence of two kinetic phases when 48 Fe$^{2+}$ are added to the protein (Figure 2, curve A), each corresponding to approx. 24 Fe$^{2+}$ being oxidized, and the fact that Tb$^{3+}$, a potent inhibitor of iron oxidation in *L. innocua* ferritin, also binds to the protein with a stoichiometric
ratio of 2Tb$^{3+}$/subunit, the ratio expected for complexation at the dinuclear ferroxidase centre [5]. Tb$^{3+}$ is also an inhibitor of iron oxidation in mammalian ferritins [13,14] and has been shown by X-ray crystallography to occupy the ferroxidase sites of recombinant human H-chain ferritin [19].

The rapid production of $\sim 1$ H$^+$/Fe$^{3+}$ upon Fe$^{3+}$ binding to L. innocua ferritin during the phase 1 reaction (Figure 1, inset) presumably arises from deprotonation of a protein ligand, since Fe$^{3+}$ and its complexes normally are not hydrolysed at pH 7 [20]. In contrast, the proton counts for Fe$^{3+}$ binding to horse spleen ferritin and E. coli bacterioferritin are 0.3 and 2.0 H$^+/Fe^{3+}$ respectively [11,12]. These different values for the three proteins undoubtedly reflect differences in the detailed structures of their ferroxidase centres; most notably, the centres of the E. coli and L. innocua ferritins contain two histidine residues, whereas mammalian ferritins centres have only one [1–3,10]. There are other structural differences as well [1–3,10].

Similarly, in both L. innocua ferritin and E. coli bacterioferritin, dioxygen is completely reduced to water during both the ferroxidase (phase 2) and oxidation/mineralization (phase 3) reactions, whereas the ferroxidase reaction of mammalian ferritins produces hydrogen peroxide. Since hydrogen peroxide is the expected product of the two-electron oxidation of a diferrous complex at the ferroxidase centre, the failure to observe H$_2$O$_2$ production in L. innocua ferritin is perhaps due to H$_2$O$_2$ being a better oxidant for Fe$^{3+}$ than is O$_2$ (see the Results section), as also found for E. coli bacterioferritin [12], but not for mammalian ferritin [11]. H$_2$O$_2$, if it were produced at one ferroxidase centre, may be rapidly consumed at another. Another possibility is that iron oxidation occurs via intermediate dinuclear Fe(IV) species at the ferroxidase centre, as suggested by the lack of regeneration of Fe$^{3+}$ from iron(II) centres has only one [1–3,10]. There are other structural differences as well [1–3,10].

The data for L. innocua ferritin also indicate that the overall process of Fe$^{3+}$ oxidation at the ferroxidase centre is slower than both the autooxidation reaction taking place in the absence of protein (Figure 1) and the oxidation/mineralization reaction within the protein (Figures 2 and 3). However, binding of Fe$^{3+}$ at the ferroxidase centres precedes the phase 3 oxidation/mineralization reaction, and possibly is a prerequisite for it to occur. Further studies with site-directed variants will establish whether this is the case and will also clarify the role of the protein in the chemistry observed here. Nevertheless, the present data suggest a synergism between the ferroxidation and the oxidation/mineralization reactions, since the rate of the former is increased when the latter is taking place (Figures 2 and 3). Conversely, when the ferroxidase centres are occupied by Tb(III), the rate of the overall process is decreased dramatically [5].

Another interesting observation is that the phase 3 oxidation/mineralization reaction of L. innocua ferritin at pH 7.0 (Figure 3) is about 2–4 times slower than that of E. coli bacterioferritin [12] at similar protein and iron concentrations. This phenomenon may reflect the smaller protein surface area available in the Listeria protein in comparison with the larger bacterial protein for promoting the mineral core reaction.

In conclusion, the present work has revealed several new features of the chemistry of iron deposition in L. innocua ferritin. In both the ferroxidation and oxidation/mineralization reactions, dioxygen is completely reduced to water, as also occurs in bacterioferritin, but not in mammalian ferritin. Thus, in contrast with mammalian ferritins, Listeria ferritin and E. coli bacterioferritin do not release H$_2$O$_2$ in solution, thereby preventing possible oxidative damage. In turn this feature is likely to be correlated with the absence of a nuclear membrane in prokaryotic cells, which renders the DNA more susceptible to oxidative damage. Even though the phase 2 ferroxidation reaction in L. innocua ferritin is unexpectedly slow, the protein nevertheless is capable of rapidly mineralizing iron through its phase 3 reaction. From the present work, it is evident that the various ferritins have evolved specialized structures that allow each of them to efficiently acquire iron from their environments, but they do so by somewhat different mechanisms. All ferritins, through formation of highly stable Fe$^{3+}$ mineral cores within their central cavities, are able to fulfills one of their physiological functions, the protection of the organism against the toxic effects of ‘free’ iron.

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